

**2005 National ProStart® Student Invitational  
Recipe Sheet**

<b>School Name</b>	
<b>Teacher Name</b>	
<b>Menu Item</b>	
<b>Number of Portions</b>	
<b>Portion Size</b>	
<b>Cooking Method</b>	
<b>Recipe Source</b>	

**Ingredients:**

Item	Amount

**Procedure:**

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